



TAJ Cut Okra 300g (12 Pack)

Product Images



Additional Information

Product Code	7972
Price Marked	No
VAT Rate	0% (Zero)

Storage

Temperature	Frozen
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Ingredients

Ingredients	Bhindi (Cut Okra)
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Nutritional Information

Carbs per 100g (g)	6.2 g
Carbs of which Sugars per 100g (g)	0 g
Fat per 100g (g)	0 g
Fat of which Saturates per 100g (g)	0 g
Fibre per 100g	4.6 g
Energy per 100g (kcal)	31 kcal
Energy per 100g (kJ)	128.8 kJ
Protein per 100g (g)	1.5 g
Salt per 100g (g)	0 g

While every care has been taken to ensure this information is correct, food products are constantly being reformulated and nutrition content may change. We would therefore recommend that you do not rely solely on this information and always check product labels. This does not affect your statutory rights. We do not accept liability for any inaccuracies or incorrect information contained on this site.